

POLICY AND TERMS

A 50% fee will be charged if an appointment is cancelled or missed without 24 hours notice.

Arrival as a courtesy to all our clients, late arrivals will lessen your time spent with us. You will however still be charged the full price for the treatment booked.

Children We are unfortunately unable to allow children to accompany an adult into the salon whilst the adult is having a treatment with us.

Courses all treatments we offer can also be purchased as a 'course of treatments'. If you pay for 5 treatments upfront, you'll get 6. Payment must be made upfront for the 5 treatments. There is no expiration date on courses and they are also non refundable.

Free consultations are available for all our treatments

Gift vouchers are available for purchase - either for a particular treatment or for an amount. All vouchers are valid for 4 months from date of purchase

We accept no responsibility for loss or theft of any of your personal items while on our premises.

Please advise us of any health conditions and any medication you are taking as this may affect your treatment with us.

opening times:

Monday to Friday	9.30 - 7
Saturday	9 - 5
Sunday	10 - 5

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welcome to the pharm.

At The Pharm we see ourselves as a place for nourishment, feeding, good health and wellbeing- so really a farm for your face, skin and body.

We're an intimate and friendly local salon and we're passionate about Beauty! We try and tailor-make our treatments to suit each person, and to address specific concerns so we can make sure you get the best results.

Our aim is simple- to help you look and feel your best. So whether you're looking for a leg wax, a course of rejuvenation treatments or just simply for incredible skin, we look forward to welcoming you at The Pharm.

**the
pharm.**

hair removal waxing

Warm wax - We use Tea Tree crème for all our strip waxing treatments. Ideal for use on sensitive skin Tea Tree crème enjoys the benefits of a low operating temperature coupled with the soothing and natural antiseptic qualities of Tea Tree.

full leg	£38
full leg and bikini	£46
1/2 leg (lower)	£28
1/2 leg (upper)	£29
3/4 leg	£31
bikini	£18
full arm	£30
half arm	£25
extended bikini	£24
brazilian	£38
hollywood	£42
tummy	£22
side of face	£14
underarm	£16
eyebrow shape	£18
lip or chin	£14
lip and chin	£19
toes/fingers	£5
nose	£11

Hot wax - For the bikini area we offer Harley hot wax as an option. Harley low temperature hot wax contains both Iron Oxide and sparkling Mica making it super gentle, calming and soothing - great for sensitive areas and still with superior gripping power to remove hair as short as 1mm.

brazilian	£45
hollywood	£49
eyebrow shape	£19
thong bikini	£31
bikini	£21
lip or chin	£16
lip and chin	£25
underarm	£18

electrolysis

As a form of progressively permanent hair removal, electrolysis works on all hair types and textures. Inserting a current down the hair follicle, hair is destroyed at the root making re-growth weaker and more sparse, eventually leading to no hair growth.

consultation	free
10 minutes	£18
15 minutes	£23
30 minutes	£42
45 minutes	£59
60 minutes	£76

advanced electrolysis

Advanced electrolysis is a comfortable and effective treatment for the removal of a variety of skin conditions- from blemishes, skin tags and age spots to facial thread veins, warts and milia.

15 minutes	£50
30 minutes	£90

	£40	30 minutes
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threading

Threading is an ancient method of hair removal originating in Persia, where a pure thin twisted cotton thread is rolled over hair, plucking the hair out at follicle level. Unlike tweezing where a single hair is pulled out each time, threading can remove an entire row of hair, resulting in a straighter line.

eyebrows	£19
chin and upper lip	£25
upper lip	£15
full face	£49
sides of face	£16

face dermapen

The latest revolution in the aesthetic industry is here. Promotes scar-less healing and natural collagen reproduction. A pen-like devise glides over the skin and microscopic channels are lightly stamped into the skins matrix stimulating a wound healing response with intense renewal repair and rejuvenation. Natural growth factors are released to stimulate reformation and deposition of fresh collagen. This treatment is ideal for wrinkles, enlarged pores, scarring, sun damage and stretch marks- with truly remarkable results!

consultation	£25
(redeemable against treatment cost)	
60 minutes	£250

Course of treatments available. Please discuss the best option for yourself with your therapist

led facials

The main benefit of this facial is an increase in the amount of collagen in the skin, which can reduce the appearance of wrinkles and other stigmata of aging. Other uses of LED light therapy include acne, dermatitis, eczema, psoriasis, rosacea, scarring and sun damage.

stand alone	£20
combine in any other facial	£10

dermalogica

Dermalogica is the skin care range developed and researched by The International Dermal Institute.

At the core of the Dermalogica philosophy is the belief that skin evolves throughout a lifetime. Dermalogica skin therapists are therefore trained to read your skin's changing conditions and design a personalised treatment and skin care routine specific to your needs.

dermalogica facials

Each **facial** will involve a double cleanse, exfoliation, steam, extractions, massage, masque and moisturisation.

Express Facial - Perfect for an instant boost. A nourishing facial that will leave your skin positively glowing.

	£40	30 minutes
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dermalogica

Deep Cleansing Facial - Ideal for flushing out impurities, increasing circulation and decongesting clogged pores. This facial will balance the skin and leave a more even skin texture to reveal fresher brighter looking skin.

	£70	60 minutes
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Hydrating Facial - A moisture infusing facial - ideal for a dry, dull looking complexion. Using products rich in vitamins and nourishing to the skin, this facial will feed essential goodness back into your face. A drink of water for the skin.

	£70	60 minutes
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Anti Aging Facial - This intensive facial helps to rebuild the skin's elastin and collagen. Both hydrating and relaxing, vital moisture levels are restored leaving your skin feeling silky smooth and looking radiant. Essential in slowing the aging process and protecting against the damaging effects of the environment.

	£75	60 minutes
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Acne Facial - This deep skin treatment will work on the common causes of acne- so a preventative as well as a treatment facial. A thorough cleanse will remove excess oil, bacteria and dead skin often associated with acne. A steam massage will rid toxins and increase blood flow as well as softening blackheads and whiteheads for extractions. A treatment masque, toner and moisturiser will complete this facial.

	£70	60 minutes
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Teenage Facial - Tailored to young skin prone to breakouts this facial will clean deep into the skin to clear congestion, calm the skin and help prevent future breakouts.

	£55	45 minutes
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Luxury Facial - For a complete pamper that will leave you relaxed, energized and feeling great. Combining a facial with either one or two of our touch therapy massages to really tailor-make your relaxation session. Choice of touch therapies - hand and arm massage, back massage, foot massage, shoulder neck and scalp massage.

1 touch therapy	£88	75 minutes
2 touch therapies	£99	90 minutes

Pro Power Peel this Three-acid approach provides a peeling experience that is 100% personalized to you offering deep exfoliation and resurfacing to combat fine lines, wrinkles, uneven pigmentation and breakouts.

	£55	30 minutes
	£90	60 minutes

caci

caci - The award winning caci micro current system works to restore and redefine facial muscles whilst smoothing the appearance of fine lines and wrinkles - more commonly referred to as the non-surgical face lift.

caci	£72	60 minutes
caci	£40	30 minutes
course of 6	£360	
super caci	£80	75 minutes
course of 6	£400	

caci eye revive

The **NEW CACI Eye Revive** treatment is a must-have treatment for anyone concerned with their eye area. This treatment soothes tired, puffy eyes and also combats dark circles. Using serum filled CACI microcurrent eye rollers sagging muscles around the eye area are toned and hooded eyes are lifted.

The Hydro Eye Mask, containing collagen and green tea, works wonders at visably reducing the appearance of fine lines and wrinkles.

	£42	30 minutes
course of 6	£210	

botox & fillers

Our Injectable and Aesthetic clinic is run by a UK registered Doctor who is experienced and fully insured. We offer full consultations for all clients- cost redeemable against treatment.

Guide price
Consultation £30
1 area £200
2 areas £300
3 areas £360
Exact price upon consultation

microdermabrasion face

Using a controlled method of skin resurfacing. Microdermabrasion works by gently exfoliating the outer layers of skin while increasing new collagen and elastin formation. This visably rejuvenates and firms the skin of the face, neck and body. The treatment works best for conditions such as age spots, acne scarring, pigmentation, congested skin, open pores, dull dehydrated and sun damaged skin with immediately visible results. To achieve maximum effects however a course of treatments is often recommended.

55 mins.	£72
course of 6	£360
30 mins.	£43
course of 6	£215

hands/feet manicure

Express Manicure
Nails filed and polished including cuticle push

	£20	20 minutes
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Manicure - Your nails will be treated to a relaxing soak and shape and then a complete cuticle tidy. An exfoliation to brighten your hands followed by a nourishing massage and finally a polish will complete your hand treatment.

manicure	£35	45 minutes
french manicure	£38	
deluxe manicure	£38	

IBX Nail strengthening treatment

A revolutionary new treatment in the nail industry to combat weak, flaky or damaged nails. This treatment uses heat to penetrate a nourishing formula of products deep into the nail plate. Results can be seen quickly-even on the most damaged nails.

£14 (if added to a manicure)
£17 (if had as a stand alone treatment)

shellac

Ever wished your nail varnish would last longer without chipping? Say Hello to Shellac- it applies just like polish, wears for 14 days, with zero drying time and a mirror finish. Shellac really is the latest innovation to hit the nail industry. **Express Shellac Hands** £30 **Express Shellac Feet** £38 **Hands** £43 **Feet** £53 **French hands** £46 **French feet** £55 **Removal** £15 **(free if having another shellac on the day)**

pedicure

Express Pedicure - Toe nails filed and polished including cuticle push.

	£22	20 minutes
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Pedicure - A luxurious foot soak, file and cuticle work will go some way to relieving tired feet. We'll then use a foot file to smooth out hard skin and follow that with an exfoliation, massage and polish.

pedicure	£45	45 minutes
french pedicure	£48	

Callus Treatment pedicure - A hard skin treatment using a salicylic acid gel that is applied to heels and areas of excess hard skin. Excess skin is then removed using a specialist foot file to uncover fresh new skin. You'll also get your toes polished as part of this treatment.

	£50	60 minutes
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Deluxe pedicure -This luxury treatment will work wonders on aching feet. Our pedicure is extended to include a foot mask and a relaxing massage to help really nourish and re-energize feet in need of some pampering.

	£50	65 minutes
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Paraffin wax treatment A nourishing warm citrus wax treatment

£19 on each (hands or feet).
£13 for each (hands or feet) if you include into a manicure or pedicure

eyes tinting

Please note that a patch test may be required 24 hours prior to treatment.

lash tint	£22
brow tint	£13
lash / brow tint	£31

eyelash perming

The **key here** is that we straighten your natural eyelash at the root, so unlike a traditional lash perm it creates the effect of longer, lifted lashes.

lash perm	£60
lash tint and perm	£75

brow lamination

Lifts and smooths brows with the goal of making thin sparse brows look thicker and fuller.

brow lamination	£55
lamination and tint	£66

brow lamination	£100
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lash extensions

Lashes are made thicker and longer through professional application of an eyelash directly to your own natural lash. We now use Cashmere lashes for their light, soft texture and natural look. Lashes come in various thicknesses, colours and lengths to beautifully blend with your own lashes and to suit your individual sense of style. Ideal for holidays, Special Ocassions and Every Day.

full set £100
top ups £40 (for 30 mins.
Any additional time required will be charged at £1/ minute)

microblading

Whether you just want the convenience of semi-permanent makeup to save precious snoozing time in the morning, or you have hair loss, sparse brows, thinning hair or you have over plucked! Ditch those eyebrow pencils for good and wake up with perfect brows EVERYDAY! Microblading implants pigment into the upper epidermis layers of the skin by way of Ultra-realistic looking hair strokes. This treatment considers the shape of your eyes and face to create the perfect brows for you.

£350 price includes follow up session after 6/8 weeks.

coolift

Coolift is a non-invasive and painless treatment to eliminate superficial wrinkles, reduce deep ones and plump out the skin. Carbon dioxide along with a concentrated dose of Hyaluronic acid is applied to the skin at a high pressure and low temperature. This stimulates collagen metabolism and the skin is pumped instantly. Results are instantly noticeable, but a course of treatments is recommended for more lasting results. There aren't any fixed contraindications, and there are no side-effects. It is appropriate for every skin type and age! We recommend adding CoolLifting to our CACI and Dermalogica Facials.

Stand alone treatment	£100
Integrated	£80

3D Lipo

The non surgical alternative to Liposuction. Treatments include Fat Freezing, Fat melting and Skin Tightening- effectively removing up to 40% of fat cells, tightening your skin and smoothing cellulite.

Prices start from £100
please call for a tailor-made consultation

body

All over body scrub - Smooth away dulling surface debris while restoring vital nutrients to tired skin. Our scrubs will soften your skin, relax your muscles and sooth your senses. Which would you like? Chocolate Vanilla and Sweet Orange, Lime and Lemongrass or Strawberry Cream.

£42	30 minutes scrub
£75	60 min scrub and 30 min massage

Deep Cleansing back treatment

A thoroughly relaxing treatment on this hard to reach area, removing excess oil and congestion build up. Your back will feel refreshed, clean and relaxed having been steamed, exfoliated and massaged with vtherapy oils followed by a masque and moisturization.

	£75	60 minutes
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massage

Back, Neck & Shoulder Massage

This re-energising massage will leave you feeling fantastically fresh and free from any strains. The depth of the massage can be adapted to suit your needs but however you choose to have it, this really is a great way to relieve muscular stress.

	£45	30 mins
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Full Body Massage

An invigorating massage concentrating on those tension hotspots as well as using lym- phatic drainage techniques to encouraging healthy circulation ensuring both a relaxing and an effective treatment.

	£75	60 mins
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Pregnancy Massage

A completely relaxing full body massage using safe and effective pre-natal techniques to relax those specific lower back muscles and alleviate the discomfort that can come with pregnancy.

	£75	60 mins
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Luxury Massage

A totally nourishing treatment - combining a stress relieving full body massage with a hydrat-ing 30 minute facial to really treat yourself to some relaxation.

	£105	90 mins
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Aromatherapy Massage

A full body massage using specially pre-blended aromatherapy oils with powerful therapeutic benefits for both the mind and body.

	£80	60 mins
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Cellulite massage

In this treatment we use the Power Percussion Massager- a handheld motorised massager with 4 different massage heads and various speeds to suit your needs. This massage helps to break down cellulite and stimulate lymphatic circulation to remove waste products- a common cause of cellulite.

	£37	30 mins
	£296	course of 10

Touch Therapies £21 each 15 mins

In need of a quick fix and don't have much time on your hands? Why not try one of our touch therapies - a concentrated dose of relaxation and relief from aches and pains in those all too often forgotten about areas...

hand and arm massage
back massage
shoulder neck and scalp massage
foot massage

men

All our treatments are available for Men and Women - the following however we have designed specifically for men.

Waxing	
Full leg	£40
Hollywood	£70
Stomach	£22
Chest	£31
Back and shoulders	£39
Buttocks (outside)	£22
Buttocks (inside)	£25
Nose	£12

Manicure

A complete tidy of the hands to keep them feeling and looking impeccable. To ensure complete relaxation you will also be treated to a luxurious hand and arm massage.

	£25	30 minutes
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Pedicure

Your treatment will begin with a relaxing herbal foot soak. Nails are then cleaned and tidied before finishing with a pampering foot and leg massage.

	£35	30 minutes
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Facial

A deep cleanse is followed by a smoothing exfoliation and extractions to remove congestion. Tension is released with a shoulder massage while your skin re-hydrates with a customised treatment masque. Finally your skin is moisturised to protect and keep it nourished. Best with a shave the day before

	£70	60 minutes
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Men's Massage

Specifically aimed at reducing tension, stimulating the spirit and regaining concentration - working deep into the muscle and tension hot spots to leave you feeling revived and refreshed.

	£80	60 minutes
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the **pharmo** beauty salon